



### **SKINPEN PRECISION - After Care Advice**

Post treatment the skin will be reddened, possibly a little 'puffy' and you may be aware of a little tenderness. You will also experience skin tightness and the skin may also 'flake' in the first few days. Do not pick at any flaking skin it should be left to shed naturally.

#### DO's

- Do use the remaining HG lift that your practitioner will have given to you and the day after treatment use the Rescue product to calm and soothe
- Do resume normal skincare after 24 hours, please note the skin will feel tight and extra thirsty.
- Do Keep out of the sun on the day of treatment and for the following 24 hours also.
- Do use sunscreen factor 50 and keep out of direct sunlight to maximise long term results
- Do have a clean pillowcase on your bed and use clean towels.

#### DON'Ts

- Don't touch the skin unnecessarily immediately post treatment this will be important to avoid any post treatment infection.
- Don't apply makeup for 24 hours post treatment.
- Don't use harsh perfumed, astringent, AHA or alcohol containing products in the area for 24-48 hours post treatment.
- Don't go swimming or in chlorinated water for 4-5 days post treatment and please
- Don't engage in any heavy exercise sessions for 24-48 hours after treatment.
- Don't have any other clinical treatments for 1-4 weeks post treatment. Speak to your practitioner for exact advice on how best to combine other treatments you may be having or may want to start having.
- Don't shave or use any after-shave type products over the area that has been treated for 12-48 hours post treatment.
- Don't allow any pets to lick the area that has been treated- this is likely to lead to infection.